|  |  |
| --- | --- |
| Name: mr.sai chaitanya | Reg No: 8-7smmhc18 |
| Age / Sex:25/m | Contact No:9444493428 |
| Marital Status:single | Date:14/7/18 |
| Occupation: ccd – demand forcasting – mba | Dr. |
| Address: native of porumamilla kadapa dt.  In blore since 3 yrs | DIAGNOSIS- |

1. Weight gain observed from 2012. Got thyroid profile checked and shown 6. 08 ui/ml. fr 2 yrs din take any med in blore felt more gain. Did exercise and now it is below normal. 0.017.
2. Hairfall from 2013. Kaya skin clinic took rx but irregular felt the med were powerful. Dandruff.
3. Sensitive to smells will get throat irritation cough and cold.

Past h/o:

* Epistaxis got op fr it – 12 yrs age
* Chicken pox – 7th class 2006.
* Jaundice - 2007
* Had chikun gunya type of symptoms – 2007. Btwn chicken pox and jaundice.
* 2016 had some cheek sweeling due to water inf.

Family h/o:

* Mom: 45 – thyroid dysfunction, htn,
* Mgm: dm
* Mgf: dm
* Dad: 50 yrs: htn, joint pain
* One younger bro 24 – healthy/

Personal:

Egg/veg. regular. Due to office work at times skips lunch.

Spicy salt and sugar must be level wont eat more.

Likes idli / dosa/ rice./ pappu / sambar. Bitter gourd, ladys finger,

Av: brinjal had agg like skin rashes.

Bowels: 1-3 / day

Urine: n

Sleep: 5 hrs /day. Sleeps late due to work and phone.

Sweat: n

Dreams: day activities.

Mentality: was introvert till pub tech also. But in mba opened up. Felt like happy inside din actually know tht he was serious. He

Rx:

1. Calc.carb 200 – 4-4-4-4.
2. Rub 30 – 1-0-1
3. Pll – 3-0-3